



City of Seat Pleasant

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FOR IMMEDIATE RELEASE

EVENT ANNOUNCEMENT: Mayor Eugene W. Grant Announces the 3rd Annual Seat Pleasant Health Summit at the University of Maryland School of Public Health

Seat Pleasant, MD – On Friday May 11, 2012 Mayor Eugene W. Grant will be hosting along with the University of Maryland Prevention Research Center at the School of Public Health about 50 students from Central High School, 50 students from Fairmont Heights High School, and 50 local area senior citizens for the *3rd Annual Seat Pleasant Health Summit at the University of Maryland's School of Public Health*. Details are as follows:

Event Title: 3rd Annual Seat Pleasant Health Summit at the University of Maryland School of Public Health

Location: School of Public Health, University of Maryland Campus, Adelphi, MD 20783

Date/Time: Friday May 11, 2012 9AM - 2PM

Schedule of Events:

8:00-9:00AM: Eppley Recreation Center: Sign-in, Breakfast

9-9:20AM: Eppley Recreation Center: Welcome and Introductions

9:20-9:45AM: Health Survey Clicker Activity

9:45-10:00AM: Relocation of attendees to School of Public Health (directly across from the Eppley Recreation Center.)

10:00AM -12:00PM: All participants rotate in assigned cohorts across five; 20 minute sessions with five minutes of movement between sessions; Session 1: Diabetes and its Co-morbidities--PRC Session 2: HIV/STD--PRC Session 3: Hypertension--PRC Session 4: Nutrition--Health Center Session 5: Nutrition and Exercise--Kinesiology

12:00-12:30PM: School of Public Health Auditorium - Closing Activity

12:30-1:00PM: Open Mic - How can we take what we've learned to help residents in Seat Pleasant?

1:00-1:15PM: High School Students & Senior Citizens Pick up lunch box

1:15-2:00PM: Senior Citizens Voluntary Glucose, blood pressure, BMI screening

Event Sponsors: City of Seat Pleasant: A City of Excellence, University of Maryland School of Public Health, and Kaiser Permanente of the Mid-Atlantic States.

Media is encouraged to attend the Noon open mic portion of this event which will be located in the School of Public Health's Auditorium. However, any portion of this event is open to the media; please

contact Vinnie Mascarenhas at 443-942-3234 or vinnie.mascarenhas@seatpleasantmd.gov for any further details.

Eugene W. Grant is currently serving his 8th year as mayor of Seat Pleasant: A City of Excellence. During his 8 years as mayor, he has successfully tripled the size of the Police Department, reduced crime by 33%, improved the infrastructure of the city, ended each year with a surplus and raised thousands of dollars for the local elementary school. Mayor Grant serves as the Chairman of the Board for Health Empowerment Network of Maryland, Inc., President of the Maryland Black Mayor's Community Development Corporation, Inc., Chief Executive Officer for Global Development Services for Youth, Inc., and a member of numerous other organizations both domestically and internationally. You can follow Mayor Grant on [Twitter](#) and [Facebook](#).

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