

# SAVE A LIFE WITH NALOXONE

## WHAT IS NALOXONE?

Naloxone is a prescription medicine that safely and effectively reverses an opioid overdose. Doctors and paramedics have used it for decades. Naloxone is sprayed up the nose.

## OPIOID OVERDOSE RESPONSE STEPS

### Recognize the Signs of an Opioid Overdose

Loud snoring

Lips or fingertips  
turning blue

Pale/grayish skin

Unresponsiveness

A very limp body

Shallow, slow, or  
stopped breathing

Slow or stopped  
heartbeat

### Know Your Rights

Maryland's Good Samaritan Law protects people assisting in an emergency overdose situation from arrest, as well as prosecution, for certain crimes.



### STEP 1: GET THEIR ATTENTION

Firmly rub your knuckles up and down the middle of the person's chest.



### STEP 2: CALL 911

Tell them your location and the person's symptoms.



### STEP 3: GIVE NALOXONE

1. Peel back the package to remove the device.
2. Place tip of nozzle in either nostril until your fingers touch the bottom of the person's nose.
3. Press the plunger firmly to release dose into nose.
4. Give second dose if first dose does not work within 1-3 minutes.



### STEP 4: SUPPORT BREATHING

1. Lay the person on their back.
2. Tilt the chin back. Remove anything blocking airway.
3. Pinch the person's nose closed and cover their mouth with your mouth.
4. Blow 2 regular breaths, then give 1 breath every 5 seconds.
5. Do chest compressions if trained in CPR.



### STEP 5: CARE FOR THE PERSON

Stay with the person until medical help arrives.

Place the person in recovery position: face and head turned to the side, top hand placed under head, and top knee bent to support the body.



### USED YOUR NALOXONE?

Scan to let us know, or call Maryland  
Poison Center at 1-800-222-1222

**StopOverdose.Maryland.gov**

**MD Crisis Lifeline:** Call or text 988